



**CALENDAR OF EVENTS**

June 5-7	Grant County 4-H Malt Wagon, Visitor's Center
June 5-9	Teen Leadership Conference, Brookings, SD
June 15	4-H Association Meeting @ 7:00 pm— 4-H Grounds
June 17-20	4-H Camp Bob Marshall, Custer, SD
June 17-25	CWF—Washington, DC
June 22	Grant County 4-H Special Foods Practice @ 9:30 am
June 26	Leddy Livestock Judging @ 7 pm — Twin Brooks
June 27	Grant County 4-H Special Food Contest @ 10 am—Milbank High School Home Economics Room
June 28	Grant County 4-H Horse Show (rain date June 30)
July 1	State 4-H Horse Show Fair Entry Registrations DUE
July 5	4-H Leaders Meeting @ 5:30 pm—4-H Grounds

**Grant County  
Extension Office**  
210 E. 5th Ave.  
Milbank, SD 57252  
605-432-9221

**Advisor Comments...**

Summer has arrived! Youth are ready to enjoy their time off from school; however, it seems like their schedules are even more busy during this time of the year.

We will be kicking off the month of June with our yearly event, the Malt Wagon. The Malt Wagon is a way to highlight a delicious, quality product, keep dairy products in minds of consumers, and show that dairy and good times go together naturally. The Malt Wagon is successful with the help of all 4-H clubs—their leaders and members.

My priority this summer is offering

more sessions and activities for our active 4-H youth. In the past several years, I have held numerous summer sessions for the community. I looking forward this year as these will help grow youth in variety of project areas; in addition, possibly try something new.

Lastly, as the warmer temperatures continue to peak and schedules keep filling up, please continue to read your monthly newsletter and weekly email updates on Mondays. If you have any questions or need assistance with project selection, please contact the office.

**Participate in 4-H Special Foods**

This youth-in-action event, 4-H Special Foods, provide an opportunity for youth to learn how to prepare meals and snacks that satisfy aesthetic, psychological, nutritional and individual needs.

Youth find a recipe from any one of the five food groups and prepares it for a judge. They have 90 minutes to complete the recipe. In addition, they learn how to create a menu, nutrition values of their dish and proper table setting.

Grant County's 4-H Special Foods event is on Tuesday, June 27 at 9:00 a.m. at the Milbank High School Economics Room.

Youth interested in participating in 4-H Special Foods contest and want to learn more, click here for the [2017 4-H Special Foods Handbook](#).

There will be a practice session available on Thursday, June 22 at 9:30 a.m. for those who would like to practice their dish prior to the event.

# Malt Wagon coming to Milbank

Each year, the Malt Wagon comes to Milbank the first Monday through Wednesday to support June Dairy Month.

The Malt Wagon is staffed with our county's 4-H members, leaders and volunteers for the largest fundraising event for Grant County 4-H.

This year the Malt Wagon will be in

Milbank June 5-7 at the Milbank Visitors Center.

The Schedule is as follows:

## Monday, June 5th:

10:00 AM—Shooting Stars  
12:45 PM—Young Farmers  
2:00 PM—Junior Busy Bees  
5:00—8:00 PM—Shooting Sports

## Tuesday, June 6th:

10:00 AM—Northern Lights  
12:45 PM—Young Explorers  
3:00 PM—Kountry Kids  
5:00-8:00 p.m.—Shooting Sports

## Wednesday, June 7th:

10:00 AM—Saddle Pals  
12:45 PM—Madison Jr. Livestock  
3:00 PM—Anyone unable to attend their session

## 4-H Camp, TLC and Performing Arts Financial Assistance

The South Dakota 4-H Leader's Association provide financial assistance for youth attending 4-H Camp, Teen Leadership Conference (TLC), and/or Performing Arts.

There is a \$25 scholarship available for 4-H'ers who attend Camp Poinsett or Bob Marshall.

There is a \$50 scholarship available for 4-H'ers who

attended TLC or Performing Arts.

### Here is how the scholarship program works:

Step 1—Register for a 2017 camp and pay the full camp fee.

Step 2—Attend camp and have a great time!

Step 3—Tell a group about camp. For the \$25 4-H Camp scholarship, tell one group. For the \$50 TLC or Performing Arts Camp scholarship, tell two

groups.

Step 4—Complete the camp assistance/scholarship application form with all signatures and submit to the SD 4-H Leaders. You will receive your scholarship money within 2 weeks of its receipt.

Applications are due by December 31, 2017. To access a form, please visit

<http://www.southdakota4hleaders.com/doc/App-CampFeeAssistance17.pdf>



## Apply for 2017 SD 4-H Youth Council

The South Dakota 4-H Youth Council in South Dakota has a long and rich history. This program is a great leadership opportunity for youth ages 15 – 18. By applying to become a member of the State 4-H Youth Council team, you will participate in an interview during Teen Leadership Conference.

If chosen to be a member of the State 4-H Youth Council team, you will accept up to a three-year term and are responsible for attending meetings and events across the state. Your role as a State 4-H Youth Council member is to provide leadership opportunities to youth throughout South Dakota. Applications are due **June 5, 2017**. To learn more about the application process, <https://sdsu.box.com/v/ycaapplication>.

**“Be very strong...be very methodical in your life if you want to be a champion.”**

**- Alberto Juantorena**

## Stay Connected with Grant County 4-H!

Find information at: SDSU Extension iGrow ([www.igrow.org](http://www.igrow.org)), Grant County South Dakota 4-H Facebook Page, or Grant County Website ([www.grantcounty.sd.gov/countyoffices/extension](http://www.grantcounty.sd.gov/countyoffices/extension))

# 10 Motivating Ways to Move Forward

What is your action plan this month to improve yourself and your life? Find the fuel to get going and keep going with these 10 motivating ways.

1. **Learn obsessively.** To become a master at what you do, focus on continuously improving every day. That means learning something new even when you're tired or unmotivated.
2. **Stay humble.** Celebrate your success but don't let it feed your ego. Keep a list of all the people who helped you get where you are as a humble reminder.
3. **Keep count.** It's not always efficient to track every expense. This week, track your three most troublesome spending categories

and mark where you can start cutting back.

4. **Feel the feels.** When life feels overwhelming, pretending that you're strong isn't always the best thing. Allow yourself to experience the emotions so you can find a place to work through them.
5. **Rise and grind.** Not everyone is a morning person, but everyone can benefit from the quiet time in the morning. Set your alarm one hour earlier this month and see what happens.
6. **Just breathe.** Struggling with patience? Start by taking three or four deep breaths. Sometimes all we need is a minute to calm our

brains before responding.

7. **Get real.** Take a hard look at your 4-H projects this month.
8. **Self-assess.** Your work doesn't have to be boring. You don't have to dread your daily alarm. Write down 10 things that excite you, move you or drive you.
9. **Stretch it out.** Start spending 10 minutes of every hour walking around, stretching, or working on 4-H projects. Give yourself time to refresh.
10. **Find focus.** Daily distractions keep us from achieving even the smallest goals. Explain your dream and vision to family and friends.

-Cecilla Meis, Success.com



Youth seeking scholarships: the South Dakota 4-H Scholarships will soon be released. An announcement will be made during next week's Teen Leadership Conference in Brookings, SD. Following the announcement, more information will be available at

<http://igrow.org/4h/>.

## 2017 SD 4-H T-shirt Logo Design Contest

The State 4-H Leaders 2017 t-shirt logo contest must be submitted via email by June 15. The logo design may be hand drawn or created with computer software, and should be an original idea. Keep in mind a few guidelines for using the 4-H Clover. If you have any questions contact Paula Linke at [plinke@santel.net](mailto:plinke@santel.net). You will find out current logos on the website at <http://www.southdakota4hleaders.com>.

**Use the whole Emblem.** The 4-H Emblem should always appear in its entirety—meaning it should always appear as a whole and complete image.

**Do not remove any leaves.** The leaves cannot be removed or have another image superimposed over the top of any of the leaves. Other images should be moved and appear completely separate from the 4-H Emblem. This also means you should not "cut off" a

leaf by running it off the edge of the paper in print media or other designs.

**Do not place text or other images over or on top of the 4-H Emblem.**

The 4-H Emblem should not appear screened or watermarked under words or graphics. No photo, drawing, symbol, word, or other figure or object may be placed on or obscure the 4-H Emblem.

**Keep it upright.** The 4-H Emblem should not be rotated or turned on its side.

**Distortion and Proportion.** The appearance, shape, and proportion of the 4-H Emblem should never be distorted to fit in an imprint space. Do not make the 4-H Emblem longer, taller, wider, angled, or squarer. Do not alter the shape in any way. The overall size of the 4-H Emblem may be changed, but the proportions must

remain intact.

**Color.** The 4-H Emblem should never be screened, shaded, graded, or appear in a multi-colored hue. **Graphic Designers: The official color is 100% PMS 347 green.**

The clover can be green, white, black, or metallic gold. Below are the official guidelines for each color clover:

**The "H's" on the green clover can be white, black, or metallic gold. The H's on the black clover should be white. The H's on the white clover can be black or green. The H's on the metallic gold clover can be white, black, or metallic gold (when embossed).**

The winning logo will be used on shirts that we sell at the SD State Fair and throughout the year. The person who submits the winning logo will receive \$50. Get those ideas coming!!

# Prepare for Summer Events & Achievement Days

Animal Ownership Verification Affidavit deadline is completed! Thank you families for getting paperwork turned into the office in a timely manner. With that, we now move into a busy summer filled with fun activities and events.

The month of June becomes fairly busy at the Grant County 4-H Office. It's also an exciting time as families will receive their Achievement Day family packets to start registering for Grant County

Achievement Days and Youth-in-Action Events. To start preparing, here's things to look forward to:

1. Families can start picking up their packets Wednesday, June 7.
  - Each family will receive a State Fair Handbook, new members' membership cards and a county supplement guide.
2. Registration will be completed through FairEntry, an online

registration software.

3. Please make sure you are aware of any deadlines.

There will be two help sessions offered during the summer to assist with families in preparing for Achievement Days & SD State Fair. They are scheduled for: June 29 and July 13 at 7:00-8:00 p.m. at the Grant County Community Room.

More information will be distributed through family emails, weekly email updates, text messages and social media (via Facebook—Sara Koepke SDSU Extension & Grant County South Dakota 4-H).

## County 4-H Shirts for all active members

We are planning on distributing a shirt to each active member to wear during 4-H events. Please take 30 seconds to vote for your favorite shirt design.

<http://www.questionpro.com/t/AMm2kZY0v4> **Voting will close June 17!**

In addition, we are looking for shirt sponsors. As a sponsor, your logo will

be placed on the back of the shirt. If you would like to be a sponsor, a sponsorship is \$100. Please contact the 4-H Office if you would like to be a sponsor.

## Volunteer Opportunities for Youth & Adults

### It Takes A Spark Cancer Walk

Core team members are in NEED for any youth completed 8th grade and older who would be willing to work the inflatables at this year's cancer walk. Youth would work 2-hour shifts at the inflatables, which are from 5-9 p.m.

The cancer walk is held on Friday, June 9. Mrs. Tuchscherer will sign off for community service hours. To

assist, please contact her at da2sure@hotmail.com.

### Crystal Springs Rodeo

Crystal Springs Rodeo, Inc. in Clear Lake is looking for cleanup crews for June 22-24 to report to the rodeo grounds at 8:00 a.m. each morning to clean up inside the arena fence before the next performance. Each morning is a \$300 check for the group that completes the cleanup

inside the gates. Garbage bags and gloves are supplied. They are seeking a group of 10 to commit approximately 3 hours of work to complete this project and earn some cash.

This would make a great club project and be able to earn money for club activities. Please have an adult leader contact Krista Atyeo-Gortmaker by June 10 at 605-690-2295.

### **DEADLINES!**

It is each families responsibility to adhere to deadlines. If the deadline date falls on a weekend date, you will have the next business day to turn in any materials.

**Do not miss any upcoming deadlines!**

### **2017 State Fair Handbook**

The 2017 South Dakota State Fair Handbook is now available through iGrow. Please use the following link: <http://igrow.org/up/resources/01-4013-2017.pdf> for the latest information.



# Stylin' with 4-H

## *Fashion Revue Workshop Series*



**Let's Go Shopping! • Thursday, June 29 @ 10:00 – 11:30 a.m.**

Join us to put together your Fashion Revue outfit by shopping at our Community Thrift Store in Milbank's Downtown. Youth will be provided guidance on how to put together an outfit, while making smart consumer choices. Each youth will be given a set money amount to purchase an outfit.

**4-H Fashion Revue 101 • Monday, July 3 @ 10:00 – 11:30 a.m.**

Fashion Revue is a great way to showcase the hard work you put into your clothing project! This informational session will cover Fashion Revue basics, including modeling practice and personal care. Youth will receive the tips you need to enhance your potential clothing project and ensure you're ready to present for the judge.

***Please RSVP to the Grant County 4-H Office by Monday, June 26 to inform of participation.  
Must attend both sessions.***

Sara Koepke | Grant County 4-H Youth Program Advisor

605.432.9221 | [grant.county@sdstate.edu](mailto:grant.county@sdstate.edu)

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South Dakota State University, South Dakota counties, and USDA cooperating. South Dakota State University adheres to AA/EEO guidelines in offering educational programs and services.



# Northeast Counties Judging School & Events

Below are dates of area county events. If there are youth that would like to qualify to participate at SD State Fair and unable to attend their county's event, they may participate at another county. In addition, there is a list of shows and judging opportunities for youth.

## Special Foods



- June 15: Roberts County
- June 22: Brookings County
- June 22: Marshall County
- July 6: Hamlin County
- July 10-11: Codington County
- July 11: Clark County
- July 11: Day County
- July 11: Deuel County

## Fashion Revue



- June 21: Deuel County
- June 26: Clark County
- July 6: Spink County
- July 11: Roberts County
- July 13: Hamlin County
- July 24: Codington County
- July 24: Day County
- July 25: Brookings County
- July 27: Marshall County

## Public Presentations



- June 13: Spink County
- June 14: Clark County
- June 15: Day County
- June 26: Deuel County
- July 13: Hamlin County
- July 13: Roberts County
- July 20: Brookings County
- July 31: Codington County

## Country Horse Shows



- June 20: Brookings County
- June 27: Clark/Codington Counties
- June 27: Kingsbury County
- June 28: Deuel County
- June 28: Hamlin County
- June 28: Roberts County
- June 29: Day/Marshall Counties

## Dairy Judging



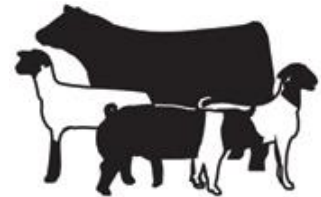
- July 19, 6:30 pm at Fieber Dairy, Inc., 135 South Bowdoin Street, Goodwin, SD
- July 20, 1:30 pm at Victory

Farms, 15987 480th Avenue, Milbank, SD

- July 26, 6:30 pm at SDSU Dairy and Food Science Department, 3219 Medary Avenue, Brookings, SD

## Livestock Judging

- June 14: Spink County—Jeff VanderWal's
- June 19: Brookings County—VanderWal Yards
- June 19: Clark County—Rod Hurlbut's
- July 13: Deuel County
- July 13: Miner County—4-H Grounds at 5:00 p.m.
- July 24: Clark County—Doug LaMont's
- August 3: Kingsbury County—Achievement Days



## Livestock Shows

- June 17: Clark County Prospect Show, Clark, SD
- June 23-24: Triple Threat Livestock Expo, Aberdeen, SD
- July 1: Grant County Prospect Show, Milbank, SD
- July 20-23: SD Summer Spotlight, Huron, SD
- Aug. 16: Turner County Open Beef Show, Parker, SD
- Aug. 14-20: Brown County Fair, Aberdeen, SD

# Calendar of Events

(Dates are subject to change.)

**June 5-9**—Teen Leadership Conference at South Dakota State University campus, Brookings, SD (tentative)  
**June 5-7**—Milbank Malt Wagon  
**June 12**—Babysitting Clinic at 9:00 a.m.-4:00 p.m.—Grant County Courthouse Community Room (must be registered)  
**June 15**—County 4-H Special Foods YIA registration DUE on Fair Entry.  
**June 17-20**—4-H Camp Bob Marshall, Custer, SD  
**June 17-25**—Citizenship Washington Focus—Washington, DC  
**June 20-21**—SD Rangeland & Soil Days, Wall, SD  
**June 21**—County Horse Show registration DUE on Fairy Entry.  
**June 22**—Grant County 4-H Special Foods Practice at 9:30 am  
**June 26**—Leddy Livestock Judging at 7:00 p.m.—Twin Brooks (tentative)  
**June 27**—Grant County 4-H Special Foods Contest at 10 a.m.—Milbank High School Home Economics Room  
**June 28**—Grant County 4-H Horse Show (rain date June 30)  
**July 1**—State Horse Show registrations Due on Fair Entry  
**July 1**—Grant County Prospect Show, 4-H Grounds  
**July 4**—Office Closed (4th of July)  
**July 11**—Grant County 4-H Fashion Revue at 4:00 p.m.  
**July 15**—Grant County 4-H Achievement Day entries due via Fair Entry  
**July 17-19**—SD State 4-H Horse Show, Huron  
**July 20-23**—SD Summer Spotlight Show, Huron  
**July 25**—Grant County 4-H Dog Show at 4:00 p.m.  
**August 1**—4-H State Fair, State Dog Show, State Livestock Judging & Skillathon Contest Registration Deadline (Livestock, Display Exhibits, Youth-in-Action)  
**August 1**—Breed Registration Papers due to Grant

County 4-H Office  
**August 7**—Grant County 4-H Achievement Day Static Judging at 8:00 a.m.—Grant County 4-H Grounds  
**August 7**—Grant County 4-H Achievement Day Static Judging at 8:00 a.m.—Grant County 4-H Grounds  
**August 7 - 9**—Grant County 4-H Achievement Days  
**August 18-20**—State 4-H Rodeo, Ft. Pierre  
**August 26**—State 4-H Dog Show  
**August 30-September 4**—South Dakota State Fair, Huron  
**August 31**—Fall State Shoot Registration Deadline  
**September 4**—Office Closed (Labor Day)  
**September 9-10**—State 4-H Fall Shoot, Mitchell, SD  
**September 15**—State Livestock Skill-a-thon & Practice Livestock Judging Classes, SDSU Campus, Animal Science Arena, Brookings  
**September 16**—State 4-H Livestock Judging Contest, SDSU Campus, Animal Science Arena, Brookings  
**September 28-October 1**—AK-SAR-BEN, Omaha, NE  
**October 1-7**—National 4-H Week  
**October 2**—4-H Record Books due to the 4-H Office  
**October 3-7**—World Dairy Expo, Madison, WI  
**October 4-7**—Western Junior, Livestock Show & 4-H FCS Show, Rapid City  
**October 9**—Native American Day (Office Closed)  
**October 26**—American Royal, Kansas City, MO (tentative)  
**October 30**—Club Financial reports are due to the County 4-H office (from Club's treasurer's books)  
**November 5**—Grant County 4-H Recognition Event at 1:30 p.m.—Milbank High School Cafeteria (tentative)  
**November 10**—Office Closed (Veterans Day)  
**November 23-24**—Office Closed (Thanksgiving)  
**November 24-28**—National 4-H Congress, Atlanta GA  
**December 25**—Office Closed (Christmas)



**Mark Your Calendars!**  
Achievement Days Packets for families will be available starting Wednesday, June 7! A text will be sent when they are completed. Please pick these up to help you start preparing for Achievement Days & State Fair!

# Junior Leaders Corner

*For youth ages 12 and older*

- Are you a leader? If you positively influence and help others for a shared goal, you are a leader! Leaders aren't just elected to an office or position. You can also be a member of committees, small groups and teams. You can develop your individual leadership skills by learning more about yourself and how you work with others. In the 4-H leadership project, you will learn leadership principles, help plan 4-H programs, and recruit members.

- The next 4-H Junior Leaders meeting will be meeting is Wednesday, June 22 at Noon. We will discuss possible activities for Achievement Days.

Our Grant County 4-H Junior Leaders held their May community service project at Abbey of the Hills on May 31. They were very welcoming and appreciative of our assistance.

Junior Leaders cleaned outside by moving tree brush, painting benches and laying landscaping rock for the day. Thank you to those who helped out



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To: